Parents and Students:

-Please record up to 3 formal learnings/activities each week. Please put an “X” by the selection of choice. Students can choose (3) per week & mark with an “X”.

-Parents or Students please take a picture of your chart once the 3 activities each week & upload onto your SeeSaw app.

-Students need to complete 1 from each column for the month of April. (Not each column per week) Students can choose up to 3 activities from the same column if desired.

-Each activity should engage the student for 20-60 minutes per choice.

-”One” Self Creation game written or video recorded per month.

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| --- | --- | --- | --- | --- |
| **Dates** | **OPEN PE Curriculum Activity**  [Link](https://openphysed.org/wp-content/uploads/2020/03/AX-X35-HomeMapGrade3-5.docx) | **Fitness and Skill Video**  Choices can be found on the Elementary PE webpage. | **Active Self Play**  Student choice activity or an additional activity found on the OpenPE active schools website.  [Link](https://openphysed.org/activeschools/activehome) | **Self Creation**  Student create their own game. Record explanation of game and upload to SeeSaw. |
| “Example”  3/23 - 3/27 | X |  | X | Bowling with socks. Set up 6 cups in a triangle & use as many socks as it takes to make your ball. |
| 3/30 - 4/3 |  |  |  |  |
| 4/6 - 4/10 |  |  |  |  |
| 4/13 - 4/17 |  |  |  |  |
| 4/20 - 4/24 |  |  |  |  |